MENUS FOR AUGUST 2021

Garvey School
District

K-8 Menus

This institution is an equal opportunity provider.

Menus are subject to change.



#### Thursday, August 19

#### Breakfast

WG Cereal & Low-Fat Yogurt
Milk and Fruit

#### Lunch

WG Pizza Sliders Baby Carrots Assorted Milk & Assorted Fruit

#### Snack

WG Jungle Crackers Low-Fat Milk

#### Friday, August 20

#### Breakfast

WG Pan Dulce Concha Milk and Fruit

#### <u>Lunch</u>

WG Bean & Cheese Burrito Yellow Corn Assorted Milk & Assorted Fruit

#### Snack

WG Belly Bear Grahams Low-Fat Milk



## **Online Application**



### www.schoolcafe.com

If you need assistance, please call Crystal in the Food Services Office to make an appointment (626) 307-3407 x 2603

#### Monday, August 23

#### Breakfast

WG Cereal & String Cheese Milk and Fruit

#### Lunch

Cheeseburger Sliders Green Beans Assorted Milk & Assorted Fruit

#### <u>Snack</u>

WG Cheese Crackers Low-Fat Milk

#### Tuesday, August 24

#### Breakfast

WG Pancakes Milk and Juice

#### <u>Lunch</u>

WG Corn Dog Sliced Carrots Assorted Milk & Assorted Fruit

#### <u>Snack</u>

WG Crispy Strawberry Waffle Low-Fat Milk

#### Wednesday, August 25

#### **Breakfast**

WG Mini Bagels w/ Cream Cheese Milk and Fruit

#### Lunch

DEWEY, RICE, SANCHEZ, TEMPLE INT. & WILLARD ONLY

Smart Slice Pizza
ALL OTHER SCHOOLS
Calzone & Yellow Corn
Assorted Milk & Assorted Fruit

#### Snack

WG Scooby Doo Sticks Juice

#### Thursday, August 26

#### Breakfast

WG Breakfast Burrito Milk and Juice

#### **Lunch**

BITELY, DUFF, EMERSON, GARVEY INT., HILLCREST & MONTEREY VISTA ONLY

Smart Slice Pizza

ALL OTHER SCHOOLS

Calzana & Baby Carrets

Calzone & Baby Carrots Assorted Milk & Assorted Fruit

#### <u>Snack</u>

WG Crackers & String Cheese Low-Fat Milk

#### Friday, August 27

#### **Breakfast**

WG Maple Sausage Pancake Wrap WG Milk and Fruit

#### <u>Lunch</u>

WG Cheese Quesadilla Vegetarian Beans Assorted Milk & Assorted Fruit

#### <u>Snack</u>

WG Apple Cinnamon Bears Low-Fat Milk

#### Monday, August 30

#### **Breakfast**

WG Breakfast Pizza Bagel Milk and Fruit

#### **Lunch**

WG Turkey & Cheese Wrap Mixed Vegetables Assorted Milk & Assorted Fruit

#### <u>Snack</u>

WG Cereal Bar Low-Fat Milk

#### Tuesday, August 31

#### <u>Breakfast</u>

WG Cereal & Low-Fat Yogurt Milk and Juice

#### **Lunch**

Beef Taco Stick
Diced Carrots
Assorted Milk & Assorted Fruit

#### <u>Snack</u>

WG Goldfish Snack Low-Fat Milk



We're
SO GLAD
to see you!
It's going
to be a
GREAT YEAR
and we can't
wait to serve
your meals!

# EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

**WELLNESS IS A WAY OF LIFE!** 

This year, our menu will feature regular Wellness tips, showing how diet, exercise, and taking care of ourselves can help ensure that we stay healthy and at the top of our games!